



Meet our Reader



Lucia Read, 61, is a psychic medium and author who helps spirits get their messages across. She currently hosts *The Third Eye* TV show and is a speaker at the World Ghost Convention.

I've always had a passion for mystery. My mother was a practising medium, as were all her friends, so I've been surrounded by people who've nurtured my natural abilities all my life. I've spent decades investigating (and working with) spirits as a psychic consultant, and have also contributed to scientific research to bring science and metaphysics together.

Although I'm aware not everyone believes in the afterlife and am used to hearing sceptics claim we simply 'go' once we die, I don't feel it's my job to try and convince others that our spirits continue to grow.

I do find it highly amusing when non-believers have a sudden change of heart after seeing the evidence for themselves!

I was once contacted by a lady from Los Angeles called Lynda, who's husband Harry (a pilot) had died in a flying accident. She'd been

noticing lots of strange things happening, and would come home every day to see his favourite book lying open on the coffee table. She was terrified, and convinced she was going mad!

CHANGE IN VIEW

She'd return the book to its rightful place each time – only to go out, and find it lying open (and turned to his favourite page) on the coffee table again. She also kept seeing shadows out of the corners of her eyes, and even thought she saw him standing in the kitchen, and at the bottom of her bed! Lynda and her husband had both been atheists, and certainly didn't believe in the afterlife, ghosts or anything paranormal. In fact, they thought mediums, psychics and anyone else who claimed to speak

to the dead were all fakes. However, when she started experiencing strange things herself, Lynda felt frightened, and confided in a friend at work, who'd heard about my reputation as a genuine psychic.

Lynda took her advice, and contacted me – though I could tell she didn't have much faith in me when I visited her home. I could instantly feel her husband's presence the moment I walked through the door.

He'd been just as shocked as his wife to discover there was an afterlife, and had been desperately trying to contact her since he died to prove it – which he'd been doing via the book.

I tuned into his energy, and gave Lynda the evidence she needed to truly believe her husband was still around her, and that our spirits continue to grow, even after our bodies die. Once she realised this, she felt uplifted, and never doubted mediums again. I feel honoured to do the work I do, and help those on both sides.

FUN FACT!

MORE THAN 11 MILLION PEOPLE IN THE UK CLAIM TO HAVE SEEN A GHOST!

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